



## Day of Prayer Packing List

### Essential:

- A Bible
- A notebook or paper
- Pen or pencil, highlighter

### Optional:

- Devotional or inspirational book
- A worship favorites playlist or hymnal
- Current prayer list
- Your journal or a Notebook
- Prayer newsletter from a ministry you support
- A list of goals you want to review in the presence of God
- Facts about a decision you are making that you want to assess under God's will for you
- Your current memory verse list
- Notes from your last prayer day to review seeing how God's hand carried you from there to here
- Water bottle
- Pack a simple lunch or choose to fast, setting aside your need for food in order to get more focus on your need for God.
- If you're going outdoors, take a chair to sit on

